

Wood Dale Junior High
Cross Country Practice and Meet Calendar
2022

Monday	Tuesday	Wednesday	Thursday	Friday
<u>August 29</u> First Day of Practice 3pm - 4pm No physical-no practice	<u>August 30</u> Practice 3pm - 4pm No physical-no practice	<u>August 31</u> Practice 3pm - 4pm <i>Last Day for Physicals and Signed Code of Conduct</i>	<u>September 1</u> Practice 3pm - 4pm	<u>September</u> Practice 3pm - 4pm <i>Uniform hand out</i>
<u>September 5</u> Labor Day @home Run and Stretch	<u>September 6</u> Meet @ Hanover Park (Parking @ Greenbrook School Park) <u>4-5:30???</u>	<u>September 7</u> No Practice	<u>September 8</u> Practice 3pm - 4pm	<u>September 9</u> Practice 3pm - 4pm
<u>September 12</u> Practice 3pm - 4pm	<u>September 13</u> Practice 3pm - 4pm	<u>September 14</u> No Practice Early Dismissal	<u>September 15</u> Home Meet at Wood Dale Junior High 4-5:30??	<u>September 16</u> Practice 3pm - 4pm
<u>September 19</u> Practice 3pm - 4pm	<u>September 20</u> Practice 3pm - 4pm	<u>September 21</u> Practice 3pm - 4pm	<u>September 22</u> Practice 3pm - 4pm	<u>September 23</u> Practice 3pm - 4pm
<u>September 26</u> Practice 3pm - 4pm	<u>September 27</u> Practice 3pm - 4pm	<u>September 28</u> No Practice Early Dismissal	<u>September 29</u> Conference Meet @ Medinah (Park @ Lake Park HS East) Rain Date: October 3rd	<u>September 30</u> Last Day of Practice: Team Celebration

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