



Wood Dale SD 7 Breakfast Menu

January 2019



January	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
No School Institute Day	Apple Cinnamon Muffin Raisins 100% Fruit Juice	Cereal Bar Fresh Fruit 100% Fruit Juice	Yogurt String Cheese Raisins 100% Fruit Juice	Muffin Top Raisins 100% Fruit Juice
14	15	16	17	18
Banana Bread Raisins Fresh Fruit 100% Fruit Juice	Cereal Bar Raisins 100% Fruit Juice	Apple Oat Bar Fresh Fruit 100% Fruit Juice	Mini Cinis Raisins 100% Fruit Juice	Chocolate Chip Oat Bar Fresh Fruit 100% Fruit Juice
21	22	23	24	25
No School	Cinni Minis Raisins Fresh Fruit 100% Fruit Juice	Strawberry Oat Bar Fresh fruit 100% Fruit Juice	Vanilla Bear Graham String Cheese Raisins 100% Fruit Juice	Cereal Bar Raisins 100% Fruit Juice
28	29	30	31	
Apple Frudel Raisins 100% Fruit Juice	Muffin Top Fresh Fruit 100% Fruit Juice	Chocolate Oat Bar Fresh Fruit 100% Fruit Juice	Pop Tart Raisins 100% Fruit Juice	

Breakfast
(Milk included with meal)
\$1.30

Milk
\$.55

Questions about the menu?
Nina Walters
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630-766-6250

For more information or to
"Ask the Dietitian", check
out our website!




Comprehensive nutrition
& allergy guides are
available in the
Foodservice Office.

(* Contains Pork)

Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.