

SIGN UP NOW FOR TAE KWON-DO!

For ages 6+

New session begins Tuesday, March 5!



Taekwon-Do is a form of martial arts benefiting the participant's confidence, self-esteem, discipline, focus, strength, and flexibility.

IMAGINE WHAT AN ADVANTAGE YOU'LL HAVE BY LEARNING TAEKWON-DO!

Instructor Barry Weisberg has over 30 years of experience in Taekwon-Do.

This program is held at the Itasca Park District on Tuesdays and Thursdays.

Tuesdays, Thursdays, March 5 - April 25, 6:30 - 7:30pm 11559AC

Tuesdays, Thursdays, April 30 - June 20, 6:30 - 7:30pm 22559AB

\$40R / \$50NR

\$10 for each additional family member

Sign up by calling
630-595-9333

Or visit
www.wdparks.org



WOOD DALE
PARK DISTRICT